

Rec Center 2026

Apr 26 (Sun)

Apr 27 (Mon)

Apr 28 (Tue)

Apr 29 (Wed)

Apr 30 (Thu)

May 1 (Fri)

May 2 (Sat)

	Apr 26 (Sun)	Apr 27 (Mon)	Apr 28 (Tue)	Apr 29 (Wed)	Apr 30 (Thu)	May 1 (Fri)	May 2 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		PICKLEBALL		PICKLEBALL	OPEN GYM	PICKLEBALL	PICKLEBALL
10:00am							
11:00am		OPEN GYM		OPEN GYM		OPEN GYM	OPEN GYM
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm			4:15pm VERTICAL HOOPS		4:15pm VERTICAL HOOPS		
5:00pm		CT BLAZERS	OPEN GYM	CT BLAZERS	OPEN GYM		
6:00pm						PICKLEBALL	
7:00pm							
8:00pm		OPEN GYM		OPEN GYM		OPEN GYM	
9:00pm							

Rec Center 2026

May 3 (Sun) May 4 (Mon) May 5 (Tue) May 6 (Wed) May 7 (Thu) May 8 (Fri) May 9 (Sat)

	May 3 (Sun)	May 4 (Mon)	May 5 (Tue)	May 6 (Wed)	May 7 (Thu)	May 8 (Fri)	May 9 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		PICKLEBALL		PICKLEBALL	OPEN GYM	PICKLEBALL	PICKLEBALL
10:00am							
11:00am		OPEN GYM		OPEN GYM		OPEN GYM	OPEN GYM
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm			4:15pm VERTICAL HOOPS		4:15pm VERTICAL HOOPS		
5:00pm		CT BLAZERS	OPEN GYM	CT BLAZERS	OPEN GYM		
6:00pm						PICKLEBALL	
7:00pm							
8:00pm		OPEN GYM		OPEN GYM		OPEN GYM	
9:00pm							

Rec Center 2026

May 10 (Sun) May 11 (Mon) May 12 (Tue) May 13 (Wed) May 14 (Thu) May 15 (Fri) May 16 (Sat)

	May 10 (Sun)	May 11 (Mon)	May 12 (Tue)	May 13 (Wed)	May 14 (Thu)	May 15 (Fri)	May 16 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		PICKLEBALL		PICKLEBALL	OPEN GYM	PICKLEBALL	PICKLEBALL
10:00am							
11:00am		OPEN GYM		OPEN GYM		OPEN GYM	OPEN GYM
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm			4:15pm VERTICAL HOOPS		4:15pm VERTICAL HOOPS		
5:00pm		CT BLAZERS	OPEN GYM	CT BLAZERS	OPEN GYM		
6:00pm						PICKLEBALL	
7:00pm							
8:00pm		OPEN GYM		OPEN GYM		OPEN GYM	
9:00pm							

Rec Center 2026

May 17 (Sun)

May 18 (Mon)

May 19 (Tue)

May 20 (Wed)

May 21 (Thu)

May 22 (Fri)

May 23 (Sat)

	May 17 (Sun)	May 18 (Mon)	May 19 (Tue)	May 20 (Wed)	May 21 (Thu)	May 22 (Fri)	May 23 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		PICKLEBALL		PICKLEBALL	OPEN GYM	PICKLEBALL	PICKLEBALL
10:00am							
11:00am		OPEN GYM		OPEN GYM		OPEN GYM	OPEN GYM
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm			4:15pm VERTICAL HOOPS		4:15pm VERTICAL HOOPS		
5:00pm		CT BLAZERS	OPEN GYM	CT BLAZERS	OPEN GYM		
6:00pm						PICKLEBALL	
7:00pm							
8:00pm		OPEN GYM		OPEN GYM		OPEN GYM	
9:00pm							

Rec Center 2026

May 24 (Sun)

May 25 (Mon)

May 26 (Tue)

May 27 (Wed)

May 28 (Thu)

May 29 (Fri)

May 30 (Sat)

	May 24 (Sun)	May 25 (Mon)	May 26 (Tue)	May 27 (Wed)	May 28 (Thu)	May 29 (Fri)	May 30 (Sat)	
6:00am								
7:00am	OPEN GYM	GYM CLOSED FOR MEMORIAL DAY HOLIDAY	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
8:00am					7:45am Group Fitness			
9:00am					PICKLEBALL	OPEN GYM	PICKLEBALL	PICKLEBALL
10:00am								
11:00am					OPEN GYM		OPEN GYM	OPEN GYM
12:00pm								
1:00pm								
2:00pm								
3:00pm								
4:00pm								
5:00pm				CT BLAZERS				
6:00pm						PICKLEBALL		
7:00pm								
8:00pm				OPEN GYM		OPEN GYM		
9:00pm								