

Rec Center 2026

Mar 8 (Sun)

Mar 9 (Mon)

Mar 10 (Tue)

Mar 11 (Wed)

Mar 12 (Thu)

Mar 13 (Fri)

Mar 14 (Sat)

	Mar 8 (Sun)	Mar 9 (Mon)	Mar 10 (Tue)	Mar 11 (Wed)	Mar 12 (Thu)	Mar 13 (Fri)	Mar 14 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		
10:00am							ELITE SPORTS
11:00am							OPEN GYM
12:00pm							
1:00pm							BEACHSIDE SOCCER IF NECESSARY
2:00pm							
3:00pm	ELITE SPORTS		ELITE SPORTS		ELITE SPORTS	ELITE SPORTS	
4:00pm							OPEN GYM
5:00pm	Norwalk Lacrosse						
6:00pm							
7:00pm			NORWALK LACROSSE				
8:00pm	SIA						
9:00pm							

Rec Center 2026

Mar 15 (Sun)

Mar 16 (Mon)

Mar 17 (Tue)

Mar 18 (Wed)

Mar 19 (Thu)

Mar 20 (Fri)

Mar 21 (Sat)

	Mar 15 (Sun)	Mar 16 (Mon)	Mar 17 (Tue)	Mar 18 (Wed)	Mar 19 (Thu)	Mar 20 (Fri)	Mar 21 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		NORWALK LACROSSE
10:00am							
11:00am							
12:00pm							
1:00pm							OPEN GYM
2:00pm	ELITE SPORTS						
3:00pm		ELITE SPORTS	ELITE SPORTS	ELITE SPORTS	ELITE SPORTS	ELITE SPORTS	
4:00pm							
5:00pm	OPEN GYM						
6:00pm							
7:00pm			NORWALK LACROSSE				
8:00pm	SIA						
9:00pm							

Rec Center 2026

Mar 22 (Sun)

Mar 23 (Mon)

Mar 24 (Tue)

Mar 25 (Wed)

Mar 26 (Thu)

Mar 27 (Fri)

Mar 28 (Sat)

	Mar 22 (Sun)	Mar 23 (Mon)	Mar 24 (Tue)	Mar 25 (Wed)	Mar 26 (Thu)	Mar 27 (Fri)	Mar 28 (Sat)
							BISHOP CAGGIANO YOUTH EVENT
6:00am							
7:00am	OPEN GYM	OPEN GYM	TURF REMOVAL - REC CENTER FLOOR CLOSED	TURF REMOVAL - REC CENTER FLOOR CLOSED	OPEN GYM	OPEN GYM	REC CENTER CLOSED FOR YOUTH EVENT
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am	NORWALK LACROSSE	TURF REMOVAL - REC CENTER FLOOR CLOSED			OPEN GYM		
10:00am							
11:00am							
12:00pm							
1:00pm	OPEN GYM						
2:00pm							
3:00pm							
4:00pm							
5:00pm						PICKLEBALL	
6:00pm							
7:00pm						OPEN GYM	
8:00pm							
9:00pm							