

Rec Center 2026

	Feb 1 (Sun)	Feb 2 (Mon)	Feb 3 (Tue)	Feb 4 (Wed)	Feb 5 (Thu)	Feb 6 (Fri)	Feb 7 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		ELITE SPORTS
10:00am							
11:00am							
12:00pm							
1:00pm							BEACHSIDE SOCCER
2:00pm							
3:00pm	ELITE SPORTS		ELITE SPORTS			ELITE SPORTS	
4:00pm		4:15pm ECLIPSE LAX 9pm		4:15pm ECLIPSE LAX 9pm	GOLD COAST LACROSSE		OPEN GYM
5:00pm	OPEN GYM						
6:00pm	GOLD COAST LACROSSE				ELITE SPORTS		
7:00pm			NORWALK LACROSSE				
8:00pm	SIA						
9:00pm							

Rec Center 2026

Feb 8 (Sun)

Feb 9 (Mon)

Feb 10 (Tue)

Feb 11 (Wed)

Feb 12 (Thu)

Feb 13 (Fri)

Feb 14 (Sat)

	Feb 8 (Sun)	Feb 9 (Mon)	Feb 10 (Tue)	Feb 11 (Wed)	Feb 12 (Thu)	Feb 13 (Fri)	Feb 14 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		ELITE SPORTS
10:00am							
11:00am							
12:00pm							
1:00pm							OPEN GYM
2:00pm							
3:00pm	ELITE SPORTS		ELITE SPORTS			ELITE SPORTS	
4:00pm		4:15pm ECLIPSE LAX 9pm		4:15pm ECLIPSE LAX 9pm	GOLD COAST LACROSSE		
5:00pm	OPEN GYM						
6:00pm					ELITE SPORTS		
7:00pm			NORWALK LACROSSE				
8:00pm							
9:00pm							

Rec Center 2026

Feb 15 (Sun)

Feb 16 (Mon)

Feb 17 (Tue)

Feb 18 (Wed)

Feb 19 (Thu)

Feb 20 (Fri)

Feb 21 (Sat)

	Feb 15 (Sun)	Feb 16 (Mon)	Feb 17 (Tue)	Feb 18 (Wed)	Feb 19 (Thu)	Feb 20 (Fri)	Feb 21 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm	SIA						
9:00pm							

Rec Center 2026

Feb 22 (Sun)

Feb 23 (Mon)

Feb 24 (Tue)

Feb 25 (Wed)

Feb 26 (Thu)

Feb 27 (Fri)

Feb 28 (Sat)

	Feb 22 (Sun)	Feb 23 (Mon)	Feb 24 (Tue)	Feb 25 (Wed)	Feb 26 (Thu)	Feb 27 (Fri)	Feb 28 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		ELITE SPORTS
10:00am							
11:00am							
12:00pm							
1:00pm							BEACHSIDE SOCCER
2:00pm							
3:00pm	ELITE SPORTS		ELITE SPORTS			ELITE SPORTS	
4:00pm		4:15pm ECLIPSE LAX 9pm		4:15pm ECLIPSE LAX 9pm			OPEN GYM
5:00pm	OPEN GYM						
6:00pm	GOLD COAST LACROSSE				ELITE SPORTS		
7:00pm			NORWALK LACROSSE				
8:00pm	SIA						
9:00pm							

Rec Center 2026

Mar 1 (Sun)

Mar 2 (Mon)

Mar 3 (Tue)

Mar 4 (Wed)

Mar 5 (Thu)

Mar 6 (Fri)

Mar 7 (Sat)

	Mar 1 (Sun)	Mar 2 (Mon)	Mar 3 (Tue)	Mar 4 (Wed)	Mar 5 (Thu)	Mar 6 (Fri)	Mar 7 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		ELITE SPORTS
10:00am							
11:00am							
12:00pm							
1:00pm							BEACHSIDE SOCCER
2:00pm							
3:00pm	ELITE SPORTS		ELITE SPORTS			ELITE SPORTS	
4:00pm		4:15pm ECLIPSE LAX 9pm		4:15pm ECLIPSE LAX 9pm			OPEN GYM
5:00pm	OPEN GYM						
6:00pm					ELITE SPORTS		
7:00pm			NORWALK LACROSSE				
8:00pm	SIA						
9:00pm							

Rec Center 2026

Mar 8 (Sun)

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	Mar 8 (Sun)	Mar 9 (Mon)	Mar 10 (Tue)	Mar 11 (Wed)	Mar 12 (Thu)	Mar 13 (Fri)	Mar 14 (Sat)
6:00am							
7:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
8:00am		7:45am Group Fitness			7:45am Group Fitness		
9:00am		OPEN GYM			OPEN GYM		ELITE SPORTS
10:00am							
11:00am							
12:00pm							
1:00pm							BEACHSIDE SOCCER IF NECESSARY
2:00pm							
3:00pm	ELITE SPORTS		ELITE SPORTS			ELITE SPORTS	
4:00pm							OPEN GYM
5:00pm	OPEN GYM						
6:00pm					ELITE SPORTS		
7:00pm			NORWALK LACROSSE				
8:00pm	SIA						
9:00pm							