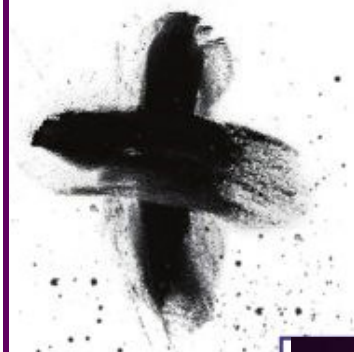
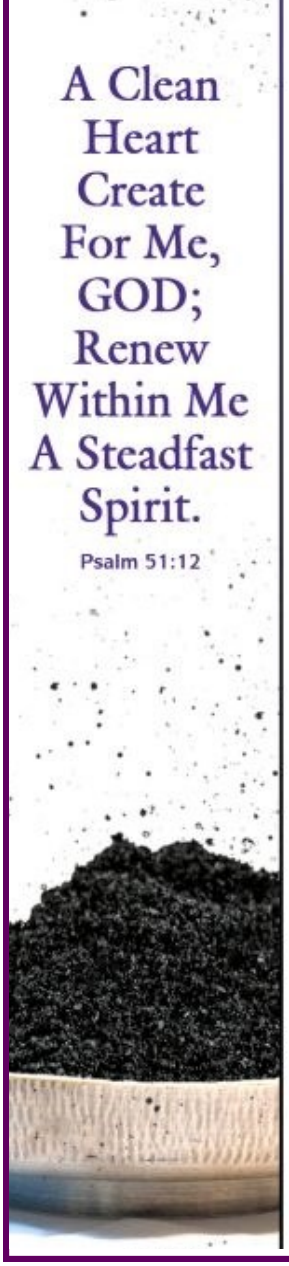


ASH WEDNESDAY



A Clean Heart Create For Me, GOD; Renew Within Me A Steadfast Spirit.

Psalm 51:12

SAINT MATTHEW PARISH FAMILY

February 27, 2022

NEWS

Eighth Sunday in Ordinary Time

ASH WEDNESDAY
MARCH 2

Walk In for Ashes
6:00am-8:00pm
at the top of the hour

MASSES
7am; 12:10pm; 5pm; 7pm

Youth Ash & Dash: 6-8am

Christ Came for All. You are loved by Him and Welcomed Here.

Fr. Jeffrey W. Couture, Pastor
Fr. Sunil Pereira, Parochial Vicar
216 Scribner Avenue Norwalk, Connecticut 06854
email: StMattParish@hotmail.com; phone: (203) 838-3788; fax: (203) 838-8195
website: StMatthewNorwalk.org | Facebook: StMatthewNorwalk
Twitter: StMatthewNorwlk | Instagram: StMatthewChurchNorwalk

All Are Welcome

St. MATTHEW CHURCH
Ph: 203-838-3788; Fax: 203-838-8195
Pastor: Fr. Jeffrey W. Couture
ext. 127; FrCouture@Diobpt.org
Parochial Vicar: Fr. Sunil Pereira
ext. 114; PereiraIMS@yahoo.com
Pastoral Assistant: Sr. Sally Norcross
ext. 118; SNorcross@StMatthewNorwalk.org
Parish Office: M-Th: 9am-4pm; Friday: 9am-1pm
phone: 203-838-3788; ext. 101; **fax:** 203-838-8195
email: StMattParish@hotmail.com
website: StMatthewNorwalk.org
Registration Forms: ONLINE and at Parish Office
Business Manager: Steve Buckett, 203-838-3788, ext. 103
SBuckett@StMatthewNorwalk.org
Rec Center: StMattRecCenter@gmail.com
Special Events Coordinator: Carol Cosgrove, ext. 108

CHURCH IS OPEN FOR PRIVATE PRAYER

9am-Dusk, seven days per week

MASS SCHEDULE

Saturday: 3:00pm Confession through 3:45pm
4:00pm Mass & Live Stream
Sunday: 7:30am Mass
9:00am Mass
10:30am Mass & Live Stream
12:00pm Mass
5:00pm Mass

Radio: All weekend Masses are simulcast on 103.3FM so you can listen to Mass on your car radio and receive Communion at the front doors of the church.

Mon-Fri: 12:10 pm in-person & Live Stream Masses
First Friday: 12:10pm in-person & Live Stream, followed by Adoration in the Church through 7pm
First Tuesday: 7pm Confession & Adoration through 8pm.

HOLY EUCHARIST
If someone is ill, homebound or hospitalized, please call Sr. Sally Norcross, ext.118
CONFESSION
Saturday, 3:00-3:45pm; First Tuesday, 7-8pm
ADORATION CHAPEL
For access, please email: Chapel@StMatthewNorwalk.org
ANOINTING
To receive the Sacrament of Anointing: please contact Fr. Sunil, ext. 114; Sr. Sally, ext. 118, or ext.101.
BAPTISMS
Sundays, 1pm; Pre-Bap Workshops are held via Zoom.
Contact Lorraine DeRosa: Lorraine.711@hotmail.com.
RELIGIOUS EDUCATION
Janet Mitchell, ext. 107; StMattRelEd@gmail.com
CONFIRMATION
Liz Reid, ext. 107; email: StMattRelEd@gmail.com
YOUTH GROUP COORDINATOR
Olivia Buisson, ext. 115;
YouthCoordinator@StMatthewNorwalk.org
MARRIAGE: Lorraine DeRosa
email: Lorraine.711@hotmail.com
MUSIC MINISTRY: Val Wyman, ext. 109
CONSULTATIONS: Professional Consultations are held virtually. Email Margaret Riobo:
StMatthewConsultations@gmail.com
INTERCESSORY PRAYER: Ramona Bouffard:
StMatthewPrays@gmail.com

This Week at St. Matthew

MON 28
12:10pm Mass & Live Stream
4:15pm Gr. 1-3 Rel Ed
5:45pm Gr. 4-6 Rel Ed
7:30pm Fitness Group

TUES 01
12:10pm Mass & Live Stream
4:15pm Gr. 1-6 Rel Ed
5:45pm Gr. 1-6 Rel Ed
7:00pm First Tuesday Confession & Adoration

WED 02
ASH WEDNESDAY
6:00am Walk-in Ashes through 8PM
6:00am Youth Ash & Dash through 8am
7:00am Mass with Ashes
10:00am Curbside Food Pantry through 11:30am
12:10pm Mass with Ashes & Live Stream
5:00pm Mass with Ashes
7:00pm Mass with Ashes
8:00pm AA Meeting

THUR 03
12:10pm Mass & Live Stream
5:30pm Youth Choir Rehearsal
6:30pm Adult Choir Rehearsal
6:30pm Fitness Group

FRI 04
12:10pm Mass & Live Stream, followed by First Friday Adoration through 6:30pm
7:00pm Stations of the Cross, followed by Soup Supper

SAT 05
10:00am First Eucharist Retreat, Parents/Youth
3:00pm Confessions through 3:45pm
4:00pm Vigil Mass & Live Stream

SUN 06
Welcome, Fr. Tom Lynch at all Masses
7:30am Mass
9:00am Mass
10:15am Confirmation Class
10:30am Pre K –K Class
10:30am Mass & Live Stream
11:30am Catholic Daughters Meeting
12:00pm Mass
4:00pm Contemporary Choir
4:00pm Confessions through 4:45pm (during Lent)
5:00pm Mass
6:00pm Youth Group, Gr. 9-12

FIRST TUESDAY, MARCH 1
Confession & Adoration, 7:00-8:00pm in Church
FIRST FRIDAY, MARCH 4
Adoration begins after 12:10pm – 6:30pm
Stations of the Cross & Soup Supper, 7:00pm

We Are Dust Loved by God...

We are the dust of the universe, yet we are dust loved by God. We are the dust that contains His dreams. We are God's hope, his treasure and his glory. Lent is a time of grace during which we can change our lives by letting God gaze upon us with love. Pope Francis

Ash Wednesday March 2

Walk-in to receive ashes at the top of the hour, light a candle, say a prayer and go about your day....*

or
Come to one of the Masses and receive your ashes...

***For Walk-in Ashes, please come for ashes during the first 15 minutes at the *beginning* of the hour.**

Please note:
Ashes will be distributed with a Q-tip cotton swab so there is no direct contact. A new Q-tip will be used for each person.

6:00 am: Ashes only
7:00 am: MASS with Ashes
8:00 am: Ashes only
9:00 am: Ashes only
10:00 am: Ashes only
11:00 am: Ashes only
12:10 pm: MASS with Ashes
LIVE STREAM
1:00 pm: Ashes only
2:00 pm: Ashes only
3:00 pm: Ashes only
4:00 pm: Ashes only
5:00 pm: MASS with Ashes
6:00 pm: Ashes only
7:00 pm: MASS with Ashes

New this year!
YOUTH ASH & DASH
6:00AM—8:00AM
Drive up to the Church before school, receive ashes in your car, along with a breakfast bag!
See p. 7 for more...

Lenten Reflection Booklets

Pick up your daily Lenten Reflection booklets on Ash Wednesday in the Vestibule.
Two Booklets this year...

My Daily Visitor: Reflect, pray and live this Lenten Season with quick, easy Scripture-focused reflections and prayers.

Abundant Mercy: Family Devotions and Activities for Lent

Lenten Invitation

FROM YOUR PASTOR FR. JEFF

I want to invite you to join me and our Parish community to grow closer in faith as we enter into the Season of Lent. We begin Lent by receiving ashes on our foreheads on Ash Wednesday. Here at St. Matthew, we offer ashes throughout the day, to walk in from 6:00am-8:00pm, or attend a Mass: 7am; 12:10pm; 5pm or 7pm. For our youth, we're also offering an "Youth Drive-up Ash & Dash" from 6-8am, along with a breakfast bag.

As we all know, Lent is a time of preparation for the coming celebration of the Resurrection of Jesus on Easter. During this time, we should set specific spiritual goals we would like to reach before Easter, and decide how we will pursue them. For instance, by going to daily Mass when we can, receiving the Sacrament of Confession more often, volunteering more often, attending Stations of the Cross, adoring the Lord in the Blessed Sacrament, or any other practice of the Catholic faith that allows us to enter into a deeper relationship with Christ.

This is an important time for all of us - including priests - to consider how we can grow in our personal relationship with Christ. When we reach the time of Easter, we must ask ourselves, "*Did we grow closer to Jesus during Lent*?" For Lent not only allows us to be a better version of ourselves, but also draws us more closely in a personal relationship with Jesus and others in faith.

Quite simply, Lent is about becoming a better Catholic and a better person by the time Easter arrives, and we can only do that by practicing our faith more, *even if it is in the smallest of ways*. Please know that you are in my prayers as we enter into this opportunity to know Christ together in Faith.

Ash Wednesday Bus Schedule

"Meeting people outside the pews..." Our Bus will be on the road distributing ashes to the businesses below. If you're in the area, stop by to receive ashes during the times listed (times approximate).

Briggs Tire 72 Connecticut Ave, Norwalk	10:00am -10:15am
Norwalk Fire Dept. 121 Connecticut Ave, Norwalk	10:20am - 10:40am
The Marvin Center 60 Gregory Blvd, Norwalk	11:00am -11:20am
St. John Cemetery 223 Richards Ave, Norwalk	11:30am - 11:45am
Darien Police Dept. 25 Hecker Ave, Darien	12:00pm - 12:20pm
Total Look Salon 3482 Post Rd., Southport	1:00pm - 1:20pm
Stamford Lincoln Ford 212 Magee Ave, Stamford	1:45pm - 2:00pm

Mass Intentions for this Week

Monday, February 28
12:10 pm † Karl-Hans Volz

Tuesday, March 1
12:10 pm † Domenico Cappuccia

Ash Wednesday, March 2
7:00 am † Msgr. Walter C. Orlowski
12:10 pm † Edythe Bosch
5:00 pm † Living Intention, Ann Tyler
7:00 pm † Living Intention, Rakowski Family

Thursday, March 3
12:10 pm † Living Intention, Emmie Tyler

Friday, March 4
12:10 pm † Anne Dreyer

Saturday, March 5
4:00 pm † Living Intention, Riccardi Family
† Phyllis Whalen
† Ralph Passaro
† Dominick Surace
† Edythe Bosch
† Joan Ayral
† Ann Douglas
† Kathy Moulton

Sunday, March 6
7:30 am † Patricia Riggs
9:00 am † Dolores Bobowick
10:30 am † Betty Jane Gleason
† Earl Willmott
† Armand Borges
† Edie Bosch
† Sophie Moorman
† Jean Montana
12:00 pm † Edward Delyonas
5:00 pm † The People of St. Matthew

In Loving Memory

Please pray for

Glenn Halama

JoAnn Ragusa

who have gone home to the Lord.
Eternal rest grant unto them, O Lord,
And may perpetual light shine upon them.
May their souls and all the souls of the faithful departed,
through the mercy of God, rest in peace. Amen.

Parish Support

February 14 - 20, 2022

Offertory:	$	**9,182.00**
Online Giving:	$	**3,564.50**
Paypal:	$	**170.00**
Total Regular Collection:	$	**12,916.50**
Offertory Same Week, 2021:	$	**10,975.50**
Offertory Same Week, 2020:	$	**13,521.00**
Votive Candles	$	**483.00**

Thanks so much for all you do for us and your giving.
Special reminder: if you're unable to get to Mass, please remember to drop off or mail in your envelopes, or consider giving online.
Now more than ever, *it does make a difference*.
For your convenience, we have two Online Giving options.
St. Matthew Online Giving scan QR code below

Or Paypal scan QR Code

PayPal

The Sanctuary Candle

The Sanctuary Candle burns
in Loving Memory of
Msgr. Walter C. Orlowski
offered by The Garcia Family.
Please keep him in your prayers.

Honor a Loved One with Sanctuary Flowers

Consider offering Sanctuary Flowers in Memory of your loved one or Lighting a Sanctuary Candle. Your loved one will be prayed for the week and their name will appear in the bulletin during the week of the gift. Please contact the Parish Office to arrange: 203-838-3788, ext. 101.

Offer a Mass for a Loved One...

The greatest and most powerful prayer we have is the Mass, since the fruits of the Mass are the very fruits of Jesus' Redemption. A Mass can be offered for a loved one who has died or a living person who has a special need, or who is ill or suffering. You can request a Mass in several ways: Call the Parish Office, email a request, or stop by the Office.
A stipend of $10 is suggested with your Mass Intention.

40 Days Toward Transformation with Fr. Tom Lynch

Saturday & Sunday: March 5 & 6 at All Masses

Might this be the year that your Lenten journey will finally begin to transform your life?

During the first weekend of Lent, March 5 and 6, Fr. Tom Lynch, founder of *Journey of the Soul Ministry*, will be preaching at all Masses on the theme: *Forty Days toward Transformation*.

We're all faced with challenges - relational or health issues, every kind of loss, even the ordinary stresses of life. Fr. Lynch is committed to empowering people toward the inner transformation that is paradoxically rooted in the process of dying to self - a process that can turn our suffering into an ability to live and love more deeply.

Can we really transform life's challenges?
Fr. Tom Lynch says, "*Yes, with God we can.*" Fr. Tom will offer a variety of spiritual dispositions and practices that can deepen your faith and transform your approach to life.

Evening Lenten Daily Mass

We have added an evening Mass
on Tuesday night during Lent.

MONDAY-FRIDAY
12:10pm & Live Stream

TUESDAY
7:00pm
If you could make Daily Mass once
or twice during Lent, it's a blessing for you,
it's a blessing for us.

Wooden Rosaries for your Cars

FIRST Weekend of Lent
March 5th & 6th

Blessed one-decade Rosaries for your cars will be available after all Masses to accompany you on your 40-day Lenten Journey.

New Horizons Day Trip

Wednesday, March 16
10:30am -2:00pm

Location: The Convent of St. Birgitta, 4 Runkenhage Rd., Darien
We will carpool from St Matthew as there is limited parking at the convent.

- Attendees should meet at the church parking lot by 10:30am.
- Fr. Jeff will celebrate Mass in the Chapel shortly after our arrival.
- Lunch will be served in the dining room by the Sisters after Mass.
- There is an elevator for anyone who needs it.
- **Cost:** $30 per person to Doug Reid ASAP as space is limited. Leave payment in an envelope marked with Doug's name and New Horizons in the Parish Office.

Stations of the Cross & Soup Supper

Friday | March 4 at 7pm

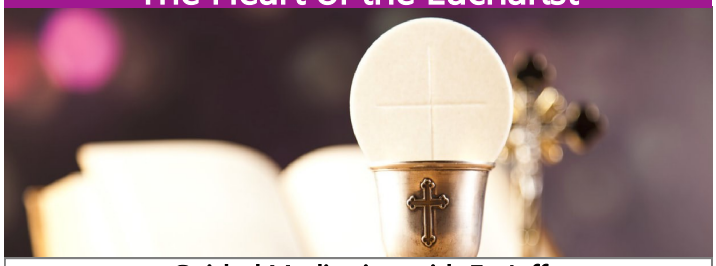
Come pray the Stations of the Cross in Church, on Friday, March 4 at 7pm, followed by a Soup Supper in the Great Room, hosted by the Catholic Daughters. Open to all.

Healing Mass with Anointing

Tuesday, March 8th at 7pm
with Fr. Jeff and Fr. Sunil

Fr. Jeff and Fr. Sunil will celebrate 7:00pm Mass with anointing to follow. Padre Pio relics will be available. God wants to heal us through the powerful Sacrament of the Eucharist. God is doing the healing, and the celebrant is the instrument that the Lord is using to provide a prayerful environment for Him to work in.

The Heart of the Eucharist



Guided Meditation with Fr. Jeff
Saturday, March 12: 4pm Mass
Sunday, March 13: 10:30am & 5pm Masses

LENTEN SPIRITUAL OPPORTUNITIES

Daily Mass Schedule

- *Monday - Friday: 12:10pm with Live Stream*
- *Tuesdays: 7:00pm*

Weekend Mass Schedule

- *Saturday Vigil: 4:00pm with Live Stream*
- *Sunday: 7:30am, 9:00am, 10:30am with Live Stream; 12:00noon, 5:00pm*

Confession Schedule

- *Saturdays: 3:00pm-3:45pm; Tuesdays: 6:00pm-6:45pm; Sundays: 4:00pm-4:45pm*
- *Reconciliation Monday of Holy Week, April 11: 6:00pm-9:00pm*

Eucharistic Adoration

- *First Fridays, begins after the 12:10pm Mass - 6:30pm Rosary & Benediction*
- *40 Hour Adoration Devotion: Holy Thursday through Holy Saturday in the Chapel*

Stations of the Cross

- *Every Friday: 7:00pm*
- *March 4: 7pm Stations with Soup Supper*
- *Good Friday, April 15: 12:00pm Outdoor Stations of the Cross; 7:00pm Indoor Stations*

Lenten Reflection: 40 Days Towards Transformation

- *First Weekend of Lent, March 5 & 6: at ALL Masses, with Fr. Tom Lynch*
- *Wooden One-Decade Car Rosaries will be given out, to accompany us on our Lenten Journey*

Healing Mass & Anointing

- *Tuesday, March 8 at 7:00pm (Padre Pio Relics) with Fr. Jeff & Fr. Sunil*

Guided Meditation: The Heart of the Eucharist

- *Second Sunday of Lent, March 12-13 at 4:00pm, 10:30am & 5:00pm Masses, with Fr. Jeff*

New Horizons Retreat at St. Birgitta

- *Wednesday, March 16; 10:30am-2:30pm; reservations required*

Ignatian Contemplation

- *Third Sunday of Lent, March 19-20: 4:00pm, 9:00am & 10:30am Masses, with Fr. David Blanchfield*

Anointing of the Sick

- *Fourth Sunday of Lent, March 26, after the 4pm Mass, with Fr. Jeff & Fr. Sunil*

Olive Woodcarving Gifts Handcrafted from Bethlehem

- *Fourth Sunday of Lent, March 26-27: for sale after all Masses from Nina Ghanem*

Youth Lenten Service Project for First Responders

- *Monday, March 28 and Tuesday, March 29, Faith Formation Students*

Our Lady of the Sorrows Talk

- *Wednesday, March 30 at 7:00pm: How Mary suffers through her experience with Jesus, with Fr. Jeff*

Delivering Easter Lilies to our Homebound Parishioners

- *Fifth Sunday of Lent, April 2-3 after all Masses*

Bishop Frank J. Caggiano, Palm Sunday 12:00pm Mass Celebrant, followed by Consecration of "Our Lady of the Visitation Chapel"

- *Palm Sunday, April 10 at 12:00pm Mass, Consecration of our Adoration Chapel*

40 Hours Adoration Devotion

- *April 14 : Adoration begins after Holy Thursday Mass through Holy Saturday at 12:00pm*

Lenten 40-Day Coin Boxes for Families in Need

- *Take a box home on Ash Wednesday, collect coins during Lent for families in need; return to Easter altar.*

Faith Formation

Janet Mitchell, Director of Religious Education
Liz Reid, Confirmation Coordinator
StMattRelEd@gmail.com; 203-838-3788, ext. 107

Grades 1-6

Monday, February 28th & Tuesday, March 1st
Concept: Sacraments of Service
Becoming Part of the St. Matthew Community
Grade 1: Finding God Book Unit 4 Session 18
Grade 2: Finding God Book Unit 4 Session 17
Grade 3: Finding God Book Unit 4 Session 19
Grade 4: Finding God Book Unit 4 Session 19
Grade 5: Finding God Book Unit 3 Session 12 & 13
Grade 6: Finding God Book Unit 5 Session 22

Confirmation

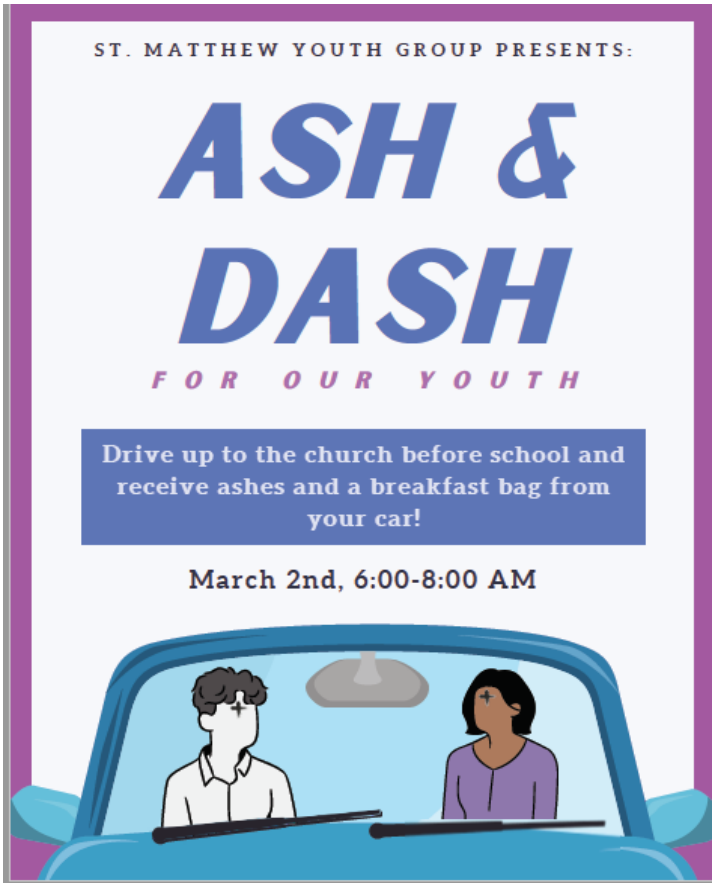
Sunday, February 27 Class following the 9am Mass.
If you have not given me your Sponsor information, please do so as soon as possible.

Also, a reminder that we will attend First Friday Adoration on Friday, March 4 from 6pm-7pm.

Lent marks the time for spring, rebirth, faith, and hope. May the reflection in our hearts that Lent provides, help us to spread light in our homes, our Parish, and our community.

YOUTH GROUP

Olivia Buisson, Youth Coordinator
YouthCoordinator@StMatthewNorwalk.org; 203-838-3788, ext. 115
Youth Group IG: stmatt_youth



Youth Volunteer Opportunity

New Ash Wednesday volunteer opportunity!
Interested in becoming a more active member of our Youth Group during the Lenten season? Come table in the church entrance, hand out Lenten bracelets, books, prayer cards, etc. Contact Olivia Buisson to sign up for an afternoon time slot.

Youth Group Meeting Schedule

Saturday, February 26
Gr. 3-5 Youth Group in Great Room: 5-7pm
Sunday, February 27
Gr. 9-12: Senior Youth Group, 6pm-8pm, Great Room/Rec Center
Reminder: Bring $10 donation as contribution toward the sandwiches we will be assembling/donating to Norwalk's Open Door Shelter on this day.
Sunday, March 6
Gr. 9-12: Senior Youth Group, 6pm-8pm, Great Room/Rec Center
Wednesday, March 9
Gr. 6-8: Junior Youth Group in the Great Room
Sunday, March 13
Gr. 9-12: Senior Youth Group, 6pm-8pm, Great Room/Rec Center
Saturday, March 19
Gr. 3-5 Youth Group in Great Room: 5-7pm
Sunday, March 20
Gr. 9-12: Senior Youth Group, 6pm-8pm, Great Room/Rec Center
Wednesday, March 23
Gr. 6-8: Junior Youth Group in the Great Room
Sunday, March 27
Gr. 9-12: Senior Youth Group, 6pm-8pm, Great Room/Rec Center

Youth Group Volunteer Opportunities

Our regularly scheduled Youth Groups and Open Gyms require a certain number of VIRTUS-certified volunteers to be present at each meeting. We strongly encourage those who are certified to please sign up for a slot on our spring schedule: https://www.signupgenius.com/go/30E0A49A4A82DA1FE3-volunteer
If you're not Virtus certified or under 18 years old, but wish to volunteer at an Open Gym or YG meeting, please DO NOT sign up on our form linked above. Contact Oliva Buisson.

We are in need of help in the following areas:
Religious Ed helpers: 14-18 yrs. Contact Janet Mitchell, DRE, ext. 107

Altar Servers: 9-18 yrs. Contact Olivia, ext. 125

Ushers: 13yrs + Contact Olivia, ext. 125

Readers for Mass: 16 yrs + Training at: Formation Reimagined.org/Liturgical-Readers. Contact Olivia after training.

Extraordinary Ministers of Holy Communion: Training at: Formation.org/extraordinary-ministers Contact Olivia after training is completed.

All positions may be counted towards community service hours.

GOSPEL MEDITATION
ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

It seems that, in many ways, we would be hard-pressed to have better readings for the Sunday before Lent begins. These teachings of Jesus—on judging others and the fruitfulness of our lives—help round out the sixth chapter of Luke and what we now know as Jesus' "sermon on the plain." Here, we find Jesus inviting us to reflect on the movements taking place within our minds and hearts, particularly with regard to how we relate to other people.

The Season of Lent is a time for Christians to "get back to basics," focusing on the quality of our discipleship. This means that Lent isn't an end in itself. Rather, Lent—which comes from an Old English word meaning "springtime" — is ultimately oriented toward our celebrations of the Resurrection at Easter and our renewal of our Baptism Promises on Easter Sunday. We are reminded of this by the words of the Mass, as we recall that God "gives us this joyful season when we prepare to celebrate the paschal mystery with mind and heart renewed… as we recall the great events that gave us new life in Christ" (Preface of Lent I).

As we know, the traditional *bona opera* ("good works") of Lent are prayer, fasting, and almsgiving. These actions focus our attention on what is most important in our relationships with God and others, while enabling us to set aside some of the "stuff" that consumes our time and energy, or which distract us from what is truly important. To that end, this Sunday's First Reading and Gospel can help reflect on the movements of our heart that should guide these acts of penance and charity, especially as we think about what might be obscuring our spiritual vision and preventing us from recognizing the sometimes -hard truths about where we might be in our journey of faith and commitment to follow Jesus on the path of conversion.

With this in mind, we can also look to our Second Reading, taken from St. Paul's first letter to the Corinthians as a reminder that the grace of conversion called for by the Season of Lent comes to us only through the victory of Christ and it is by this grace that we know "that in the Lord [our] labor is not in vain" (1 Corinthians 15:58). As Pope Francis reflected in his 2019 *Message for Lent*: "Let us not allow this season of grace to pass in vain! Let us ask God to help us set out on a path of true conversion. Let us leave behind our selfishness and self-absorption, and turn to Jesus' Pasch. Let us stand beside our brothers and sisters in need, sharing our spiritual and material goods with them. In this way, by concretely welcoming Christ's victory over sin and death into our lives, we will also radiate its transforming power to all creation."

In essence, these readings are inviting us to look at our lives and on the realities of the world around us with clear eyes (see Luke 6:41-42) and to reflect on the fruit of our lives. Are there areas in our lives that need to be more carefully nurtured and tended? Are their "branches" that need to be pruned, so that other areas of our lives — including our prayer and ministry — can be more fruitful? How can we more effectively respond to the needs of those around us, sharing our time, talent, and material goods to help others to bear greater fruit in their own lives?

Br. Silas Henderson

PRAYER

Grant us, O Lord, we pray,
that the course of our world
may be directed by your peaceful rule
and that your Church may rejoice,
untroubled in her devotion.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.
(from *The Roman Missal*)

CAN YOU HELP FILL OUR SHELVES?

St. Matthew food pantry

completely out of

Peanut Butter, Cereal
Pasta Sauce
School Snacks
Mac N Cheese
Toilet Paper, Paper Goods

Our Food Pantry feeds over 80 families weekly. Donations can be dropped off in the vestibule or outside the Great Room doors. Thank you!

Free Professional Consultations for All

St. Matthew Church is pleased to offer *free remote* consultations to all in the following specialty areas. To schedule an appointment, please contact Margaret Riobo: StMatthewConsultations@gmail.com or call: 203-846-6685.

Counselor for Adults, Children and Family Life
Elizabeth Burt, MA, LPC, NCC: MA, Clinical Mental Health Counseling; Licensed Professional Counselor; Nationally Certified Counselor

Financial Consultation
Ron Koroscil is available to help anyone who would like to get advice on "How to live within one's means." Ron specializes in budgeting and keeping on target.

Immigration Consultation Attorney
Anthony Febles, JD, is available to consult with anyone who would like to speak with a lawyer about immigration issues.

St. Matthew Fit Group

Mondays: 7:30pm & Thursdays: 6:30pm
Strength - Balance - Toning -Endurance-Flexibility - Fun - Relaxation!

Unique and flowing fusion of traditional fitness elements including: Pilates mat work, Yoga and Tai Chi.

Suitable for all ages and fitness levels.
Classes are held twice a week in the Great Room.
Registration required: Aggie Squeo, Fitness Group leader: 203-852-1036.

Knights of Columbus

Make a difference in our Parish & Community by putting your FAITH INTO ACTION. Join us TODAY! Please consider joining this wonderful council. Visit: www.KofC.org/JoinUs. For info: Anthony Armentano; 203-246-6648; email: AjA71672@icloud.com.

MUSIC MINISTRY

New to the parish or looking to get involved?
Come and join the St. Matthew Choirs!
Lent is a great time to join the choir as we prepare for Easter season. Come see what we are all about!
New members welcome, no audition required!!

Youth Choir (Grades 3-12)
Rehearsals Thursdays 5:30-6:30PM; sings at the 9:00AM Mass every week.

Adult Choir
Rehearsals Thursdays 6:30-7:30PM; sings at the 10:30AM Mass every week.

"The Praise Band" (Grades 8- College and beyond!)
Love to sing more contemporary songs? Or play guitar? We need you! Rehearsal Sundays 4:00-5:00PM; sings at the 5pm Mass every week.

Cantor positions
Experienced vocalist? Come lead our congregation in song!
Questions?? Contact Val Wyman, Music Director: 203-451-5959

Parishioner Receives Education Award

Congratulations to Parishioner Xavier Guzman, middle school science and STEAM teacher at All Saints Catholic School! He was recently named the recipient of the "Innovation and Grant Award from Foundations in Education for Learning While Observing."

His project, "Learning While Observing" has the goal of updating the science lab with new equipment and tools to enhance learning through creativity and imagination. The $7,500 award was presented to him at the Sacred Heart University Discovery Center by Bishop Frank Caggiano and Dr. Steve Cheeseman, Superintendent of Schools of the Diocese of Bridgeport .

Msgr. Walter C. Orlowski Recreation Wellness Center

Jay Egan, Executive Director; Carol Cosgrove, Special Events Coordinator
For inquiries regarding operational use and programming: StMattRecCenter@gmail.com.

HOURS OF OPERATION
Track Level—OPEN
Monday-Sunday 5:00am-9:00pm

Court Level for Open Gym: CLOSED
Open Gym *is closed due to the Court installation process. Check back for updates as they become available.*

LEVEL 1: COURT/FIELDHOUSE
LEVEL 2: LOBBY
TRACK
UNIVERSAL WORKOUT ROOM
TUMBLE ROOM FOR TODDLERS
NEWMAN CENTER LOUNGE

MEMBERSHIP
- The Rec Center is open to Registered Parishioners of St. Matthew Church.
- Anyone under the age of 18 years must be accompanied by an adult.

Msgr. Walter C. Orlowski
RECREATION
WELLNESS CENTER

PROGRAMS FOR MIND, BODY & SPIRIT
COMMITMENT CARD

1. **Cash/Check Gift:** _____
   (Please make checks payable to St. Matthew Church
   Memo Line: Rec Center Commitment)

2. **Commitment to give over next 3 years**

   $ _____ **a week (or)**
   $ _____ **a month (or)**
   $ _____ **yearly for 3 years (or)**
   $ _____ **in this way:** _____

3. **TOTAL GIFT**
   $ _____ **total gift amount via check/cash**
   $ _____ **via OSV online (QR code on reverse)**
   $ _____ **via PayPal**

* ***All Pledges go directly to St. Matthew Church, not the Diocese of Bridgeport.***

_____ _____
Signature Date

Please Print
Name: _____
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Zip_____
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Phone: _____ _____

____ **My company will match my gift.**

____**Please contact me about paying my pledge with stock.**

Please drop in Offertory basket or return to the Parish Office. 216 Scribner Ave I Norwalk, CT 06854 I 203-838-3788, ext. 103. **Thank You!**

You can make a pledge or one-time payment by scanning the QR code --->

New Horizons Luncheon

THURSDAY, MARCH 10

Enhance your Spiritual Life

Mass 12:10pm,

luncheon to follow

Menu:

Corn Beef & Cabbage

Potatoes, Carrots, Salad, Soft Drinks

Coffee, Tea & Dessert

MEMBERS $18 I GUEST FEE $21

Please remember food items for the Parish Food Pantry.

Deadline date: Monday, March 7, by 11:00 am.

For more information, contact Doug Reid: 203-847-0629.

NEW HORIZONS MARCH 10 LUNCHEON FORM

Name: _____

Phone: _____

Members # _____ Guest #_____

Ck # _____ Cash_____

Knights of Columbus St. Patrick's Day Dinner

SATURDAY, MARCH 12

Join us for 4pm Mass before dinner!

Reservations required - No walk-ins

St. Matthew Parish Masterpool Great Room

12th Annual Saint Patrick's Day Dinner

Adult Menu ($25)

Succulent Corned Beef; Cabbage; Potatoes; Carrots;
Irish Soda Bread; Soda/Water; Dessert

For Kids under 10 yrs ($8) Newborn-3yrs free

Chicken Tenders & Macaroni and Cheese

Cash Bar—*We will have raffles with great prizes!*

Payment due: March 8

For more information: Mark Ludwig, 646-315-3787
or Chris O'Connor: 203-722-3561.
Drop off form at Parish Office in envelope marked:
Knights St. Pat's Dinner.

Knights of Columbus St. Paddy's Dinner

Name: _____

Phone: _____ E-mail_____

Persons: $25____ $8____ Ck$_____ Ck#_____ Cash $_____

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